

# Elite Hand and Upper Extremity Therapy

## Consent to Treat

I acknowledge that my occupational therapist (hereinafter "OT") has informed me of my diagnosis, prognosis and the potential risks and benefits of all recommended interventions in my proposed plan of care and I have been given an opportunity to have all my questions answered. I hereby agree to participate in and consent to receive the occupational therapy interventions recommended by my OT as outlined in my treatment plan. I understand that the response to different occupational therapy interventions varies from person to person and sometimes treatment interventions may result in increased pain, an aggravation of existing symptoms or a new injury. Therefore, I agree to inform my OT of any change in my symptoms and function so my treatment plan can be adjusted accordingly. I understand that I may decline any intervention at any time by informing my OT of my desires/concerns and that my refusal may result in a termination of my treatment if my OT determines that there are no other treatment alternatives or the refused intervention is essential to meeting my goals. I also understand that although we have set rehabilitation goals, my OT has made no guarantees that any particular outcomes will result from the therapy interventions.

I have read this consent form, understand the benefits and risks involved in occupational therapy, and agree to fully cooperate and participate in the proposed occupational therapy interventions in the established plan of care.

Patient's Name (Printed) \_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_